

SEPTEMBER 2025 LUNCH MENU

Limited to age 55+

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16 EGGPLANT PARMESAN PENNE TOMATO SAUCE SIDE SALAD DESSERT	17 BAKED MEATLOAF MASHED POTATO PEAS, DINNER ROLL DESSERT	18 CHICKEN PICCATA SUMMER SQUASH RICE PILAF DESSERT	19	20
21	22	23 CHICKEN PARM PENNE TOMATO SAUCE SIDE SALAD DESSERT	24 LEMON CHICKEN RICE, CARROTS DINNER ROLL DESSERT	25 CHICKEN CACCIATORE BUTTERED RICE SEASONAL VEG DESSERT	26	27
28	29	30 CHICKEN ALFREDO (PENNE) BROCCOLI DESSERT		TUE/THU ELMWOOD WED BISHOPS CORNER		

Elmwood – Tuesday/Thursday – Rising Star Cafe
 Bishops Corner – Wednesday – Effies Family Restaurant

Cost: \$5.00 Member, \$5.00 Resident, \$8.00 Non-resident
 Register by Friday at 12:00 for the following week's Lunches
 Register online: <https://westhartford.recesk.com/communitiy/home>
 call 860-561-7583 (Bishops) 860-561-8180 (Elmwood)

*Lunches are partially funded thanks to a Senior Center Grant